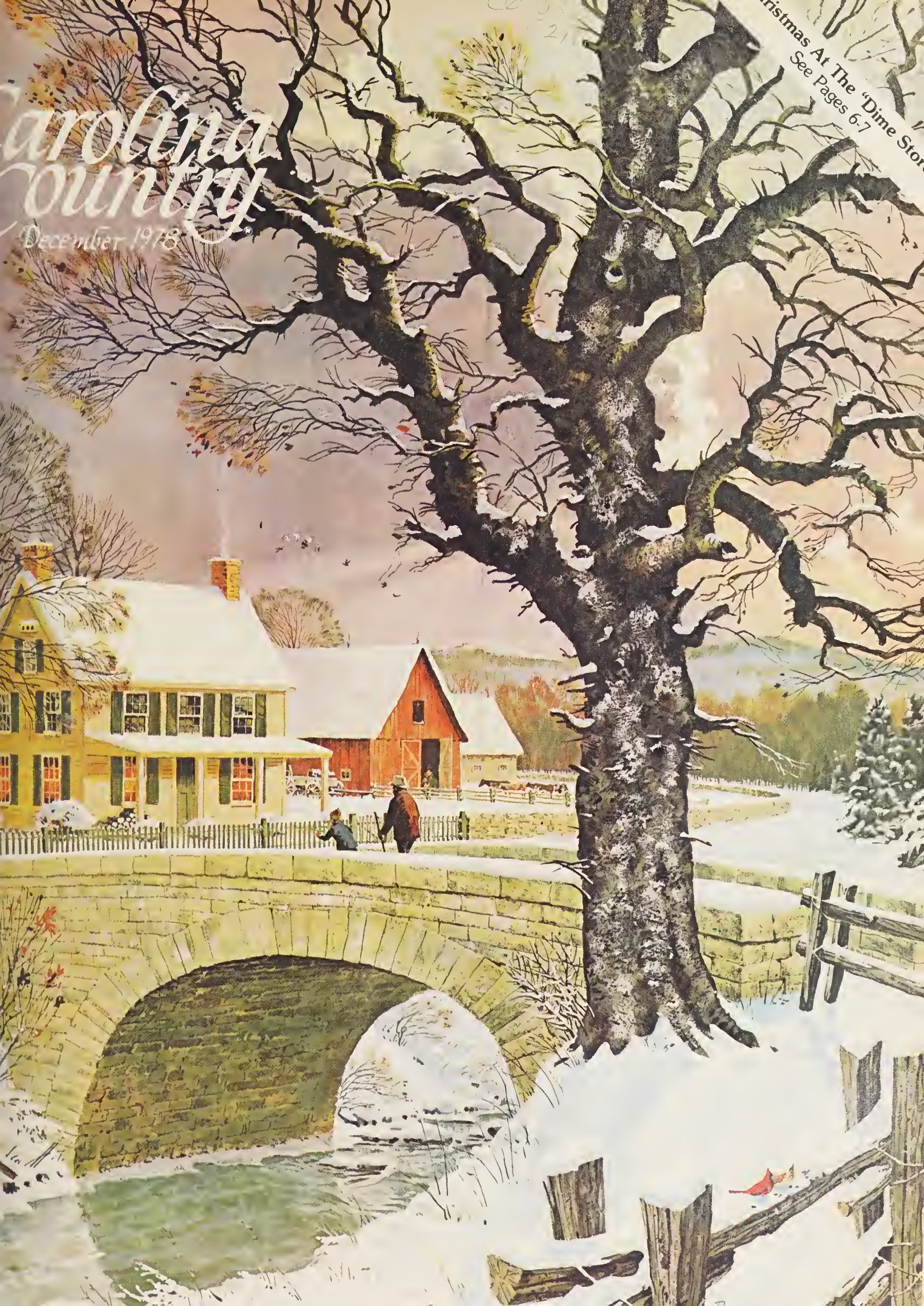
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ristmas At The "Dime Stor
See Pages 6-7

"Everybody worked together and the result was contagious. This is an exuberant orchestra playing as if they were thrilled with life along with music. Their discipline is exemplary."
– NEW YORK POST

"It was, indeed, a major performance. The next time it comes to Washington, the orchestra should try to rent a larger hall."
– WASHINGTON POST

"The North Carolina Symphony, one of the fastest growing orchestras in the country, was at the Kennedy Center last night and pretty much took the place by storm ..."
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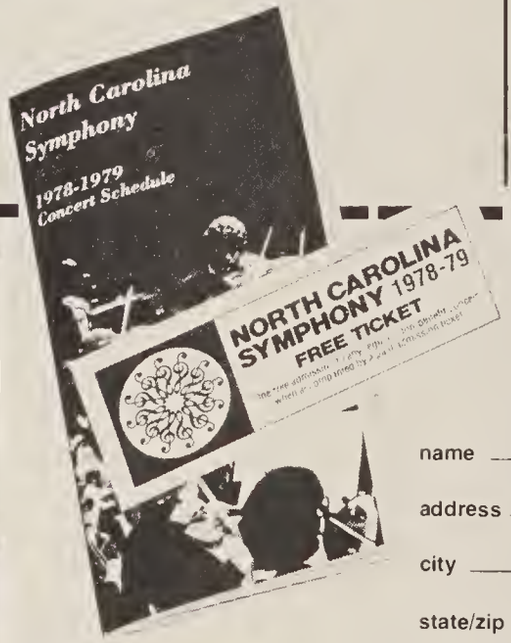
So, if you haven't heard what your symphony is up to lately, take a friend to the next performance in your area.

We think you'll be surprised. We're *sure* you'll be impressed.

The North Carolina Symphony



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Solar Energy Era Still Years Away

A congressional subcommittee has released studies which add to the mounting evidence that America's solar energy era has not yet begun—and that its dawn may still be many years away.

The four separate studies showed that about half of those who install solar energy systems in their homes find they don't work well. They also indicated that consumers now have little or no protection when buying or installing solar equipment.

For example, one independent study noted that the New England Electric Co. installed solar units to heat water in 100 homes. Of those 100 systems, 77 had at least one major breakdown requiring repairs. Owners said only 15 worked well. The same study showed the average energy savings for hot water was less than 20 percent, even though each system cost about $20,000 to install.

Editorials

The other three studies, which were financed by government funds, confirmed the first study's finding that about half those surveyed experienced operating failures of one sort or another.

An industry spokesman said problems with solar equipment crop up because the technology is so new and industry is working on operating standards to protect consumers.

Still, the congressional investigators say these studies show there are big problems with solar equipment that must be solved before many consumers can turn to solar energy as a reliable source of water or space heating.

Until these problems are solved, solar energy wil continue to be an exotic energy source with potential for the future rather than a practical energy alternative for today's consumers. □

The Passing Scene

• Eula Blue of Carthage is a hard-working bookkeeper for an insurance agency, where she's been employed for the past 22 years. The former school teacher had planned to retire in May, but decided she just wasn't ready to quit.

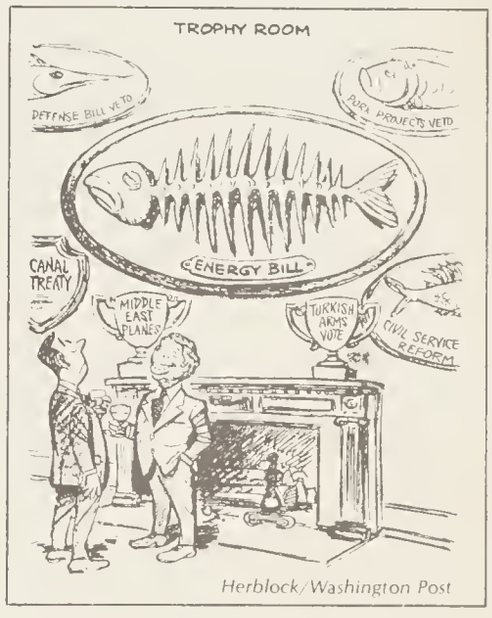
Well, why not? After all, she's only 95!

• The American Journal of Public Health says if every fat American slimmed down to an ideal weight, the nation would save the energy equivalent of 1.2 billion gallons of gasoline. Once they trimmed their weight, the energy saved each year could run nearly one million cars, the journal reported. The conclusion was based on estimates for the number of overweight Americans, the average degree of overweight and the amount of energy that goes into producing, marketing and cooking food.

We never thought counting calories might turn out to be patriotic.

• Dr. Joseph Nagyvary of Texas A&M says his studies show that dill pickles eaten after a meal might help prevent heart attacks. They contain aluminum, which the research believes may help lower cholesterol levels in the bloodstream.

Looks like we may have to revise that old cliche: "A Pickle a Day Keeps the Doctor Away."



Herblock/Washington Post

Carolina Country

Read Monthly in More Than 275,000 Homes
Vol. 10 No. 12 December 1978

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COVER—This painting, "Winter Dreams" by Tennessee artist David Wright, who is known as one of the nation's leading collector artists, was transformed into a collector print by Gray Stone Press in Nashville. It also appeared on the December, 1976, cover of *Tennessee Magazine*, the statewide publication of the Tennessee Electric Cooperative Association. We're indebted to Gray Stone Press and *Tennessee Magazine* for allowing us to use the painting as our 1978 holiday season cover.

rural electric Notebook

N.C.EMC BOARD EXPANDS

The Board of Directors of North Carolina EMC, the statewide EMC power supply organization, will be expanded from nine members to 28 members, effective Jan. 1, 1979. As a result, each of the state's 28 electric cooperatives will select a representative to serve on the N.C.EMC board. Local EMC directors and managers are eligible to serve on the new body.

The change, which was sought to assure each co-op an equal voice in power supply decisions, will come exactly a year after the nine-member board was established as part of a complete reorganization of the state association.

Under the new arrangement, the board of the N.C. Association of Electric Cooperatives will continue to be composed of the manager and a director from each EMC. Tar Heel Electric Membership Association, which oversees the EMCs' centralized materials supply program, will continue to be governed by a nine-member board drawn from the membership of the N.C.AEC board

EMERGENCY POLICY REVISED

North Carolina's EMCs have revised their statewide emergency policy in an effort to be prepared for severe weather during the coming winter months.

Under a new provision, co-op employees who volunteer for storm clearance work at a sister EMC will be paid one and a half times their usual wages for all the time they're on duty, including mealtime breaks.

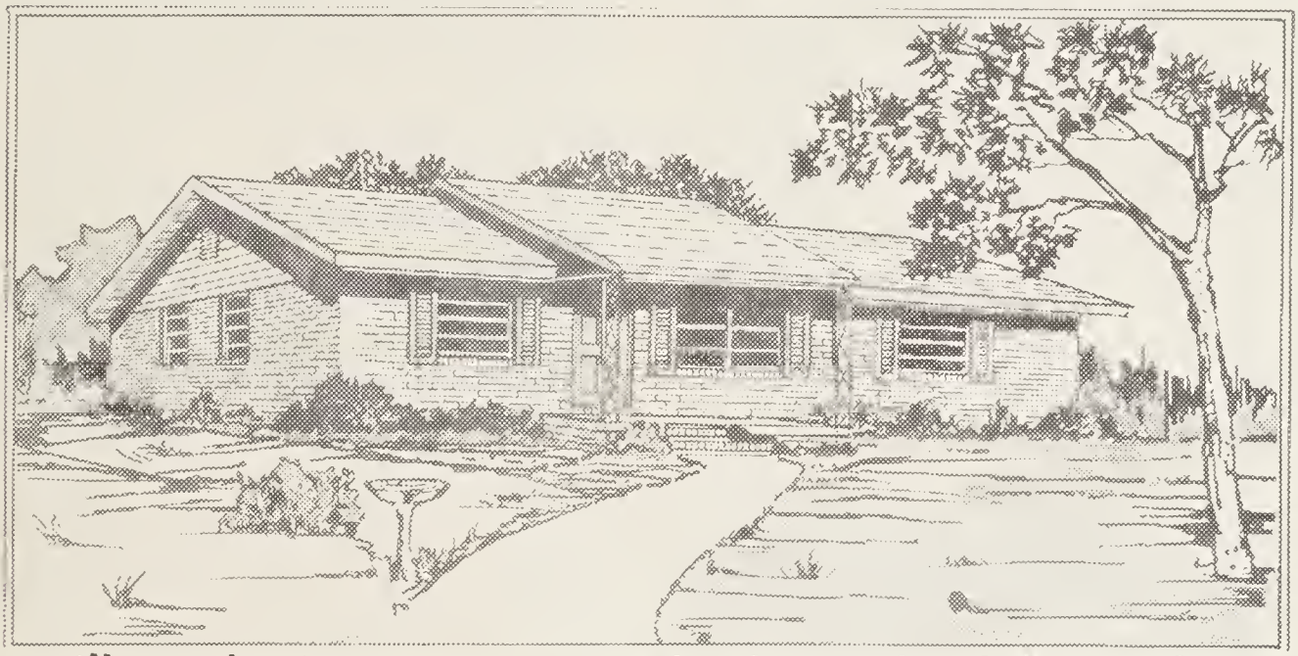
The new policy also establishes procedures for assessing the cost of emergency work by one EMC for another.

COPING WITH POWER OUTAGES

In case the coming winter brings lengthy power outages in your area, here are several suggestions that might help you in coping with the situation.

- Turn your freezer to high so it will get as cold as possible inside. Then, if the power goes off, the food will remain safe for at least 48 hours. Avoid opening the freezer to keep the cold inside.
- If you have an electric water system, fill all your pots and pans with water. You might also fill the bathtub to provide an ample supply for sanitary purposes.
- Stock up on extra food, especially items that can be eaten without cooking or with little preparation.
- Have flashlights and other emergency lights in good working order and keep them handy.
- Be sure to keep gas in your car. If the power goes off, service stations will not be able to operate pumps.
- If you come upon a loose or dangling power line, don't touch it. Report it to your EMC office.

Remember when coming home was the best part of your day?



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Christmas At The "Dime Store"

In this nostalgic essay, Ann Miller Matthews of Charlotte recalls the heyday of the "old timey dime store" — with special attention to the hustle and bustle of its Christmas shopping season.

Daddy was a dime store man. That was back in the days when a dime store was literally that. There were lots and lots of good things you could buy for a dime or less — a sack full of orange slices, a bar of soap, a red ruby ring, a handful of screws.

There was a certain aura, a smell, a look, a delight about a small-town dime store in those times.

Saturday was the big day when the farm people drove in and came to the store to get the things they needed and wanted. If a boy had a nickel he'd earned and had been thinking all week about a top, he had to be sure to get the bet one. It was all right to wind one up with a string and spin it on the floor. Was the red one best? The blue? He could take his time to get their feel and try out alternatives because most merchandise was loose in the bins — not packaged in plastic bubbles.

Then, too, the store stayed open 'til nine o'clock on Saturday nights.

One of the reasons it was fun to go to the old-time dime store was the "browsing". Thousands of items were laid out for the customers' examination: You could feel the fabric of the handkerchief, measure the bathtub stopper with the circle of your thumb and forefinger to see if it might fit, get the heft of a hammer, or run your hand over the cold glaze of a china dog in the novelty department.

And there were people there. When you were buying mason jars, the lady next to you might offer her recipe for mustard pickles. Behind every counter there was a clerk whose job it was to answer questions and make suggestions.

I was a big girl in 1935 — in the fourth grade — so some nights I was allowed to go back with my father after supper to help with the "after work" work.

He and his assistant manager trimmed windows, using miracles of glass T-stands balanced as if by magic and arrayed with the best bargains. Once — in Shelby I think it was — we made a "cake house" for Hansel and Gretel with cardboard boxes cut to

shape and hundreds of square vanilla cookies held on with pins. The dolls were dressed appropriately by my mother. It took hours, but it was fun, and the window was a smash. Everybody in town and lots of folks from out in the county came to see it.

Besides trimming windows, Daddy had to do or oversee the housekeeping. Of course, the wooden floors were swept every evening with a long pushbroom, and about once a week, they were oiled with Micosheen, applied with a wide mop. The trash had to be collected from behind the counters into an extra large trash box on wheels. It was one of my delights to get in the trash box and be pushed by the stock boy up and down the aisles.

Christmas was the fun time. The store was "dressed", festooned with red and silver tinsel. Everybody was buying Christmas candy — peppermint puffs, hard candy and Hershey's silver bells. Children clustered around the toy counter, some in silent wonder, some giggling with excitement, some pulling on mama's hand and whining. Men with hands hard and calloused from farm work held delicate tree ornaments gently, waiting for the clerk to wrap their "surprise."

Lots of people waited until Christmas Eve to do their shopping and then there was general bedlam. Have you ever tried to wrap a blanket with brown paper and string while four or five customers were shouting "Here, Miss, will you wait on me?", or "How much is this 39¢ picture frame?" However, I seem to remember that almost everybody stayed in a good humor, filled with excitement and the spirit of Christmas. Or is that my imagination tempered by nostalgia?

One of my special jobs was to wrap the clerks' Christmas presents — always boxes of chocolate covered cherries — with white tissue paper. They were always "surprised" and grateful. I was older before I realized they had a little something extra in their pay envelopes too.

Remember those dime store days of years ago the next time you go into a modern, sterile variety store for a piece of blue ribbon for your little girl's hair and find, instead, a pre-packaged bunch of 10 ribbons — all colors — that you must buy to get a blue one which isn't even the right color anyhow and the package costs a dollar!

Remember those days when you go into today's version of the "dime store" to find some stationery and it's all wrapped in plastic, and you can't feel the texture or hold it up to the light to test its opacity; or you want to ask a question about the durability of a certain doll, or taste the canned candy and there's nobody around to smile and ask, "May I help you, please?"

Remember the old-timey dime store . . . and weep with me for its demise. □

Books

By Frank Jeter, Jr.

A Tryon Treasury **by Taylor Lewis and Joanne Young. Taylor Lewis and Associates and the Tryon Palace Commission. 64 pages. $2.98.**

This is a beautiful book. I'm sure it is already a best seller among visitors to New Bern's most famous landmark, and I'm equally certain that people buying *A Tryon Treasury* feel they have a steal as they pay less than the price of a movie for this top-drawer souvenir.

Taylor Lewis' photographs dominate the 64 pages, but this in no way discredits Joanne Young's text, which is rich in history of the Revolutionary Period, covering not only North Carolina happenings but also scenes from Valley Forge, alliances with France and other worldly happenings.

The last page-and-a-half gives details of the Tryon Palace restoration.

The photographs — 64 of them, including the cover — are all modern, and both black-and-white and color shots are excellent.

The only "historical" illustration, on the back cover, is a drawing of the original floor plans by John Hawks of the palace.

When you have a chance to buy this beautiful little book, get it while the supply lasts.

Mountain Vacation & Travel Guide **edited by Eric Brady. Carolina Life, Inc. 64 pages. $3.50.**

When you buy this guidebook, you have information for at least half a dozen vacation trips to North Carolina's mountains. You couldn't cover all the attractions described in a full summer.

But this guide is useful from two standpoints: for those who have never been to the Great Smokies, it gives detailed information that shows why tourism in the area is booming, and for those who have made only one or two previous visits, it outlines the choices available in mountain locations, from hang gliding to just relaxing in the cool.

The book is well worth the modest price, since it is complete with detailed road maps, illustrations of what may be seen and listing of attractions.

Major tourist towns each have their own section. We read of Franklin's gem mines — and museum — Brevard's famed musical programs, the many attractions of Asheville, Carl Sandburg's home at Flat Rock. Golf, canoeing, trout fishing, mountain crafts and outdoor theatre are all included.

A helpful general section, "Know Before You Go", gives everything from photo tips (haze does pose a problem) to warnings about bears, clothing tips and wildlife access areas.

Some travelers will consider that this helpful book has one shortcoming: It makes no effort to list hotels and restaurants. So the Grove Park Inn is listed because of its massive stone construction and U.S. Presidents who have spent some time there, but the Inn on the Plaza, Great Smokies Hilton and other accomodations are, for the editor's purposes, unmentionable. □

Frank Jeter Jr of Raleigh is public information officer for USDA-Soil Conservation Service in North Carolina.

Noel Lee Jr. of Rt. 3, Washington, on the right in photo below, was honored recently for his years of service as North Carolina's representative on the Board of Directors of the National Rural Electric Cooperative Association. The organization awarded Lee a plaque citing him for "faithful and dedicated service" on the board from 1972 to 1977. The plaque is being presented by James M. Hubbard, executive vice president of North Carolina Association of Electric Cooperatives. Lee is a director of the state association and serves as vice president of Edgecombe-Martin County EMC, Tarboro.

People

Emma Lucille Mahn of Wilmington, daughter of Mr. and Mrs. Morris D. Mahn, has been selected to represent North Carolina's poultry industry as a good will ambassador for 1978-79. The new N.C. Poultry Queen is a 1978 graduate of UNC-W, where she plans to pursue a master's degree in music. She was Miss Wilmington 1978.

B. C. Mangum of Rougemont, retired president of the N.C. Farm Bureau Federation, has been named the 1978 recipient of the N.C. Agribusiness Council's Governor's Award for Distinguished Service to Agribusiness. The 70-year-old Mangum, who headed the farm organization for 16 years, retired in 1973 due to ill health. The award was presented at the council's annual meeting in October. Runners-up included **Wayne A. Corpening** of Winston-Salem, a retired banker and pioneer in agricultural development efforts; **William V. Griffin** of New Bern, president of the state's Corn Growers Association; Tuloss Tractor Co. of Rocky Mount and the N.C. State University Food Science Department.

Dr. Joseph A. Gill of Elizabeth City has been honored by the N.C. Forest Service for "effective promotion and support of the forestry programs of the Division of Forest Resources" while serving on the State Board of Conservation and Development and its Forestry Committee from 1965 to 1973. He received one of the agency's Special Service Awards. The service also cited Wake County Forest Ranger **Charles A. Langston** of Rt. 1, Apex for his work in fire prevention.

Hugh P. Bowman Jr., general manager of Flav-O-Rich, Inc., Wilkesboro Division, has been named president elect of the N.C. Dairy Products Association.

The 15th annual North Carolina Awards, considered to be the state's highest honor, were given to five outstanding Tar Heels at a special banquet at the Raleigh Civic Center, Nov. 9. They were **Harriet L. Tynes** of Greensboro, former executive director of The Children's Home Society of N.C., Inc.; **Henry L. Kamphoefner** of Raleigh, dean emeritus of the N.C. State University School of Design; author **Manly Wade Wellman** of Chapel Hill; **Dr. David C. Sabiston, Jr.**, of Durham, chairman of the Duke University Department of Surgery and **Robert Robey Garvey, Jr.**, of Washington, D.C., executive director of the Advisory Council on Historic Preservation.

Robert W. Feragen, left, is sworn in as Administrator of the Rural Electrification Administration, U.S. Department of Agriculture, by Secretary of Agriculture Bob Bergland on Oct. 30. Mrs. Feragen holds a family Bible. Feragen, 53, succeds David A. Hamil, who had served in the post under President Eisenhower and was appointed again in 1969 by President Nixon. Feragen came to REA in July as deputy administrator. Prior to that time he was with the Massachusetts Municipal Wholesale Electric Co. Earlier, he served with electric cooperatives in North and South Dakota. The Minoit, N.D., native has a bachelor of arts and master of fine arts degrees from Iowa State University. Before going into the electric power business, he taught at Texas A&M College and at State University of New York at Plattsburgh.

Loans Authorized

Three EMCs To Expand Systems

Three North Carolina Electric Membership Corporations are getting loans totaling $4.6 million to finance various service improvements, including the addition of 2,000 new consumers and 103 miles of new distribution lines.

Central EMC, Pitt and Greene EMC and Pee Dee EMC are getting 70 percent of their money from the Rural Electrification Administration and the rest from the National Rural Utilities Cooperative Finance Corporation, a lending institution serving about 900 co-ops across the country.

Central EMC, Sanford, intends to spend $2.1 million to add 44 miles of new distribution lines and 700 new consumers in addition to other improvements. Upon completion, the cooperative will be serving more than 8,500 consumers over 1,101 miles of line in Chatham, Lee, Harnett, Moore and Randolph counties.

Pitt and Greene EMC, Farmville, plans to spend $1.8 million to add 17 miles of new distribution line, eight miles of transmission line and 550 new consumers in addition to other planned improvements. Upon completion, the EMC will have almost 7,250 consumers over 873 miles of line in Pitt, Greene, Lenoir, Wayne, Wilson and Edgecombe counties.

Pee Dee EMC, Wadesboro, will spend $731,000 to add 42 miles of distribution lines and 750 consumers in addition to other improvements. When construction is finished, the cooperative will be serving more than 13,850 consumers over 2,314 miles of line in Union, Anson, Richmond, Montgomery, Scotland, Moore and Stanly counties. □

Three participants in the 1978 EMC Managers Conference, Oct. 18-19 in Southern Pines, discuss issues under consideration at the meeting. They are, left to right, Franklin Rogers of Southern Engineering Co., Atlanta; Hugh Crigler, manager of Davidson EMC, Lexington and James M. Hubbard, executive vice president of the statewide EMC organization. EMC managers from across the state attended the meeting, which featured Rogers discussing the prospect of integrating multiple power supply sources to serve the EMCs. Other speakers included Hubbard; Robert Koger, chairman of the North Carolina Utilities Commission; a representative of the national Electric Power Research Institute and Marvin Athey, manager of an EMC in Minnesota.

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FmHA Loans Become "Balancing" Tool

The federal government, in an unprecedented move, has agreed to tailor Farmers Home Administration (FmHA) loans to fit North Carolina's effort to "balance" growth across the state.

By determining which areas of the state get federal loans for public projects, the state can coordinate growth patterns to alleviate "economic imbalances."

A committee to be appointed by Gov. Jim Hunt will guide FmHA loans to make sure they are "more effectively targeted" to comply with the state's balanced growth policy.

State officials believe the agreement, announced in November, is a major step toward managing community development to suit a coordinated development plan. Similar agreements are being sought with other federal agencies that pour money into the state, including the Department of Housing and Urban Development.

FmHA officials said some within the federal agency might at first resent the loss of complete decision-making power, but most believe the new approach can help the state get more mileage from the loans going to local communities.

"The main efforts under this agreement will be in designated growth centers and rural towns which lack their own staffing resources and have greater than usual problems of poverty, poor housing, inadequate health care, unemployment and underemployment and poor or non-existent community facilities and services," the agreement states.

Local communities depend heavily on FmHA for financing of local improvement projects such as water systems.

The agreement states that the goals of the joint effort are to bring more money, jobs, housing, community facilities and other improvements to rural areas in accordance with an overall plan for balanced growth across the state. The agreement might also speed up loans for some areas and make some rural development programs more efficient, state officials believe.

The agreement, which is the first of its kind, was signed by Gov. Hunt; Howard Lee, secretary of the Dept. of Natural Resources and Community Development; Gordon Cavanaugh, administrator of FmHA and Alex Mercure, assistant secretary for rural development for the U.S. Agriculture Department. It will be evaluated next year and modified if needed.

The effort toward balanced growth will be supported by a $50,000 FmHA planning grant to help find ways of focusing state and federal resources on the needs of communities with populations of less than 10,000. The state wants to determine the kinds of technical help these communities need and to develop incentives which can be used to attract agricultural-related industry to rural areas.

The balanced growth policy i envisioned as "bringing the right kin of growth to the locations needin jobs while preserving those uniqu features of North Carolina tha enhance our quality of life," accordin to state officials.

The committee, called the Stat Rural Development Coordinatin Committee, is scheduled to b appointed before the end c December. It is slated to have a repo and recommendations ready by ne spring. □

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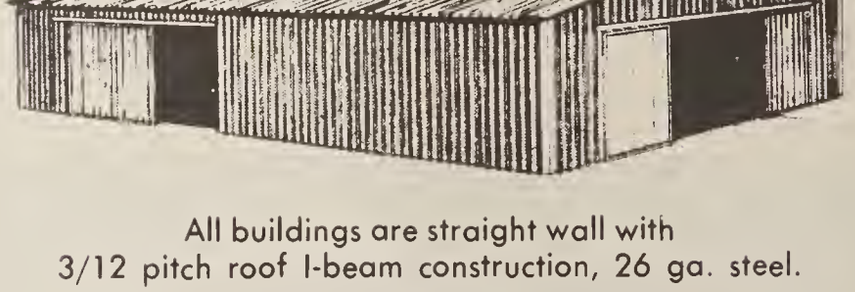

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Cutting Improves Woodlands

"Green Junk" Firewood Heats Granville Monastery

The old and the new are being combined to meet a modern problem at the Holy Mother Of God Monastery in rural Granville County.

The old consists of two wood-burning stoves which have replaced electric baseboard heat in the monastery's main building. The new consists of a plan to improve the monastery's woodland by cutting firewood.

The decision to convert from electricity to wood as a fuel source was made by Brother Jim, an energetic monk at the monastery. The plan to improve the monastery's woodland is being worked out by Brother Jim in cooperation with I. W. Murfree, Granville County extension agent, and Billy Lock, area extension forestry agent.

Brother Jim said the decision to switch from electricity to wood for heating was based partly on economics and partly on his desire to be more self-reliant. The real catalyst for change, however, was an ice storm last year which knocked out electricity and prompted the monks to put an old wood stove into service.

"We had never really heated the house as warm as we wanted because of the expense. We were so excited by the warmth provided by the wood stove that we decided to ...heat the entire house with wood."

—Brother Jim

"We had never really heated the house as warm as we wanted because of the expense," Brother Jim said. "We were so excited by the warmth provided by the wood stove that we decided to make the capital investment needed to heat the entire house (four rooms) with wood."

The capital investment came to slightly over $500, which included a second stove, two stainless steel chimneys and a carpenter to install the chimneys. With his two stoves, Brother Jim hopes to save about 1,000 kilowatts of electricity per month.

Fuel for the two stoves is coming "from our own backyard," according to Brother Jim. The monastery has 10 acres of hardwoods, six of which are within 200 yards of the house.

Brother Jim estimates that three cords of hardwood will heat the house each winter. Extension forestry agent Lock estimates that the woodland is producing three-fourths of a cord per acre each year. Thus, the monastery has a continuous supply of wood fuel.

However, it is not fuel removal that has Lock and extension agent Murfree excited. They see the monastery experience as an opportunity to demonstrate how a woodlot may be improved by cutting firewood.

The monastery lands were logged an estimated 20 years ago, and like most woodland owners the monastery did nothing to improve the land after the loggers left. As a result, the woodland is now covered by some good pines and hardwoods plus a lot of "green junk."

It's the green junk — crooked trees, forked trees, diseased trees and undesirable species — that is headed for the monastery stoves. Lock is marking the tall, straight red oaks, white oaks, poplars, pines and other desirable species for "crop trees."

"Practically no one in this part of North Carolina is managing hardwoods," Lock said. "Good hardwood veneer logs, which the monastery crop trees are destined to become, are going to be so rare in the future that the owner can just about name his price," Lock predicted.

Along with helping Brother Jim to decide which trees to cut for firewood, Lock and Murfree are offering other advice on hardwood management. For example, when a hardwood is cut, the stump will usually send out several new shoots. By selecting the stronger of these stump sprouts and removing the others, the landowner can get a new tree started much more quickly than he can by planting a seedling. This is because the sprouts are growing from a well established root system.

The hardwood management work at the monastery fits in with a statewide effort being made by extension forestry specialists at North Carolina State University. They would like to see "green junk," from millions of acres of North Carolina woodland end up as fuel for both homes and industrial plants. The way would then be clear for growing more "crop trees" — both pine and hardwood. □

Brother Jim cuts firewood for the Holy Mother of God Monastery in rural Granville County, which is heated solely with wood from its own backyard. By taking fuel from nearby woodlands, the monks are ridding the forest of undesirable "green junk."

Guidebook Helps Homeowners Save Energy

Is your home ready for winter?

There are many steps that can be taken to make a home more energy-efficient, says Everette M. Prosise, housing specialist with the North Carolina Agrigultural Extension Service.

"Some of these steps are expensive, but others are not. And the savings to the homeowner — in reduced costs for both heating and cooling — can be substantial," he said.

Insulating an attic, for example, can cost from $300 to $450 if done by the homeowner, and twice that much if done by a contractor. The estimated annual savings are $80 to $227.

On the other hand, putting on plastic storm windows may cost less than $10 but result in yearly savings of $20 to $73.

And the simple practice of turning down the thermostat six degrees in winter from its usual setting will cost nothing, but may save the homeown from $27 to $87 a year.

For a typical home, caulking ar weatherstripping doors and windov may cost $75 to $105. But the annu savings on heating and cooling bil may be from $67 to $16

Many of the things needed to mak a home more energy-efficient can b done by the owner, Prosise said.

A dollars and cents guide to energ saving home improvements, prepare under contract for the U.S Department of Housing and Urba Development (HUD), recently wa revised and brought up to date. Its tit is "In the Bank . . . Or Up th Chimney?"

The 76-page publication has bee reprinted and is being distributed b the Extension Service. For $1 per cop the booklet may be ordered throug county extension offices or by writir Publications, Box 5037, N.C. Sta University, Raleigh 27650.

According to the HUD bookle annual servicing of oil furnaces w more than pay for itself. Gas furnace should be serviced every three year

Caulking and weatherstripping ar described as "good cheap ways to sav energy." Almost any homeowner ca do the work.

Various types of storm windows - ranging from temporary plastic shee to the more permanent triple-trac glass installations — are available. A are about equally effective in savin energy, but the more expensive kind are more durable, attractive an convenient.

Attic insulation is "one of the mo important energy-saving hom improvements" that can be made according to the booklet. Detaile information is given on potential cos and savings.

Should the walls of an existing hom be insulated? The answer "depends o two things: the size of your energy bil and what your walls are like."

Crawl space walls and floor an basement walls are other areas thi should be considered for insulation

"The HUD publication is i workbook form and may be used b any homeowner to analyze his or he personal home," specialist Prosis said. "Directions on energ conserving measures are given in suc detail, and with such helpfu illustrations, that most homeowner can follow them with little or n trouble." □

Manual Offers Guidelines For Building "Energy-Saver Homes"

If you're intereted in building an energy-efficient new home — or in improving the energy efficiency of your existing home — you might want to take some tips from the experience of an Austin, Texas, couple who've built such a home on their own.

They're now enjoying electric bills which are nearly 20 percent below those for comparable homes in their neighborhood.

Roy and Patricia Wilson built their new home with energy efficiency in mind, incorporating suggestions from various sources, including the electric co-op that serves the home.

The home has 1,944 square feet of living area, heated and cooled with a heat pump. It also features plenty of glass windows and a sliding glass door, but all of it is insulated glass. It was oriented to admit the sun through the glass area on the south and north sides in winter, and plantings not only beautify but also protect these glass areas from the sun in summer.

Extra care was taken to properly install insulation in the attic, outer walls and under the floor. Vapor-barrier backed insulation was used, and every point where air might seep in or out was caulked. A metal-clad insulating door, beautifully antiqued, filled with insulation and boasting magnetic weatherstripping, closes and seals the front entrance with the tightness of a refrigerator door. Similar doors were also used in the two rear-entrance doorways.

Overall, the conservation features added about $2,000 to the cost of the Wilson home — about $1 per square foot. The Wilsons say they've already recouped nearly all of this investment.

In the three years since the retired couple moved in, their highest electric bill was $75.61 for December, 1976. Many comparable homes in their neighborhood have bills as high as $230 per month during the winter.

Newspaper coverage of this conservation success story has deluged the Wilsons with requests for information about how they designed their home and, as a result, the couple has published a consumers manual called, "Build Your Own Energy-Saver Home or Upgrade Your Existing Home."

Wilson, a former technical writer, said the manual serves "the dual purpose of satisfying the need for basic education and providing practical information on all phases of energy-saving home construction and upgrading."

The Texas A&M University Energy Extension Service has added the book to its list of recommended publications, calling it "an excellent guide for anyone considering building a new home."

It's being offered on a 30-day money-back basis.

To order a copy, send $6.95 by check or money order to Energy-Saver Homes, P.O. Box 10083, Austin, Texas 73766. □

Wilson and his energy-efficient home.

You Have To Be Free Within Yourself

Facing South

Voices of Tradition In A Changing Region

MOUNT OLIVE—*Now Making Personal Appearances,* reads the coffee-stained flyer. *Eddie "Doc" Flamingo. World's Greatest Disc Show. He Brings The Records To Real Life.* His photograph is there, showing him seated at his drums, wearing a plaid jacket, a bow-tie and a smile.

Doc Flamingo is a self-styled "one-man band." He travels out of this eastern North Carolina hamlet in a road-seasoned Chevrolet panel truck, making one-night stands all over the South. His equipment includes a three speed turntable, two speakers, a microphone, a set of drums, a siren and at least 2,000 phonograph records — so many, he says, "that I don't even bother to count 'em anymore."

He performs anywhere, from country clubs to family reunions. "All right," he says into the mike, "we're gonna go back a ways and listen to a little Elvis Presley (or Fats Domino, or Eddy Arnold, or Peggy Lee or the Anita Kerr Singers). And we're takin' requests, so let me know your favorites." The worn, scratchy 45-RPM record begins to spin, and Doc interjects an occasional comment or a turn of his siren as he feels moved to do so, hammering away all the while with a lively drum accompaniment to the music.

He's been doing that for over 30 years, ever since he got out of the Navy in Jacksonville back in the 40s. "I did it in the Navy, too," he recalls. "I used to be a band drummer. I was with Fats Domino for awhile. That picture of me was made when I was with Fats."

The picture is of a younger Doc Flamingo. He is, he calculates, 67 years old now: "I was born in 1911. But I've turned the clock back. Age don't mean nothin' to me."

Flamingo came to New York from his native St. Thomas in the Virgin Islands in 1929, and lived there for 10 years before joining the Navy. "When they turned me loose in Jacksonville," he says, "I just decided to stay in the South." He has a daughter who lives in Jacksonville now, but no other family. Most of the time, he's on the road.

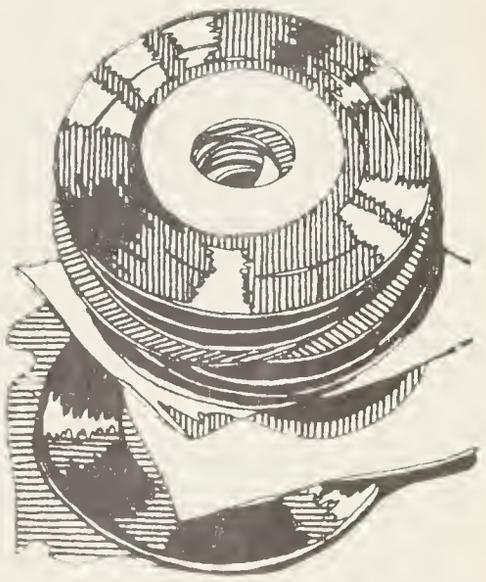
"I play all kinds of music for all ages," he says. "I play whatever the people want, 'cause that's how I make my living. I've got just about any old tune you can think of, right here in my truck. One time at a dance out in Texas, a man gave me $20 to play 'Dixie,' and when it was over, another man said I was favorin' the South, so I flipped the record over and played 'Yankee Doodle,' and the second guy gave me $10. I made $30 off that one record — and it only cost me 15 cents.

That accommodating manner has paid off for Flamingo, and kept him out of harm's way in his adopted South. "Where I'm from," he says, "we have a different attitude about black and white than I've met up with in this country. The way I see it, a man is a man. I've learned to feel at home in the South, though, especially in recent years. All I ask is that people treat me right, the way I treat them — and most of 'em do. You have to be free within yourself, and get along. Freedom costs, though — and if you ask me, this country is all messed up."

At one stop, Doc Flamingo set up his makeshift bandstand at the baseball park in Salter Path and played 11 hours without a break for the crowd at the town's annual mullet fry. They danced and sang along, and at the end they filled a plate with collected bills. Doc casually squirreled them away in his pocket, without counting them. "I didn't expect to make much on this gig," he explains. "It's more like advertising — a way to get some good bookings in the future."

As the day's festivities were winding down, this exchange took place between two Salter Path residents:

"Who's the colored guy who brought all the music?"



"Nobody knows. He just showed up here early this morning and asked if could play. Said he'd read about the homecoming in the paper. Nobody knows who he is or where he come from — but ain't he great?"

Into the gathering dusk, the one-man band played on. "Got a request here for Dick and Mary," said Doc Flamingo, the music man, the entertainer. "They wanta hear 'The Anniversary Song.' So here it is, and we wish 'em many more happy ones....."

—John Egerton
Free Lance
Nashville, Tenn.

A Little Something To Ease The Leftover Blues

The answer: Everyone does. With the spiraling cost of food these days, a homemaker has to stretch every food dollar she spends, whether it is for an everyday meal or a holiday meal.

With Christmas so close at hand, the recipes listed below should be a lifesaver to the cook trying to think of ways to use that leftover turkey that won't result in still more leftovers.

And, to ease the pain of the post-Christmas leftover blues, included among these recipes is a dessert recipe from Mrs. Betty Hubbard, wife of N.C.AEC-TEMA-N.C.EMC Executive Vice President and General Manager James Hubbard. The recipe for Pecan Pie is one handed down to Mrs. Hubbard by her mother and uses corn meal as one of its ingredients for a crispy, lucious crust on top of the pie.

BETTY HUBBARD'S PECAN PIE

2 9-inch pie crusts
1 box light brown sugar
1 stick butter or margarine
4 eggs
2 T. corn meal
2 T. water
1 T. vanilla
Pinch of Salt
2 c. pecans, broken in pieces

Cream butter and sugar; then add eggs, corn meal, water, vanilla, salt and pecans. Mix well. Pour into pie crusts (pie crust will be crispier if baked one minute at 400 degrees before pouring pie filling in). Bake at 350 degrees for 30-35 minutes until firm.

The Carolina Homemaker

TURKEY AND ALMOND RING

6 c. (1/2-inch) soft bread cubes
1 c. milk
1 egg, beaten
1 bouillon cube
1/2 t. salt
1/2 t. sage
1/4 t. pepper
2 c. chopped, cooked turkey
1/4 c. chopped, toasted almonds
3 T. chopped onion
2 T. chopped green pepper

Combine bread cubes, milk and beaten egg. Dissolve bouillon cube in hot water; add to bread mixture along with remaining ingredients. Pour into a greased (1 1/2-quart) ring mold and bake in a moderate oven (350 degrees) for 35 minutes. Let stand 5-7 minutes; unmold and serve with mushroom sauce. Makes 8 servings.

TURKEY TETRAZZINI

1/4 c. butter or margarine
1/4 c. flour
2 c. milk
1 1/2 c. diced roast turkey
1 1/2 c. cooked spaghetti (3/4 c. uncooked)
1/2 c. cooked mushrooms
1/4 c. chopped pimiento
3/4 c. shredded cheddar cheese
3/4 c. dry bread crumbs
1/2 c. melted butter or margarine

Melt 1/2 cup butter or margarine in heavy saucepan. Add flour and stir until blended. Gradually add milk and cook over low heat for 5 minutes, stirring constantly. Add seasonings. Combine white sauce with turkey, spaghetti, mushrooms, pimiento and cheese. Place in buttered 2-quart casserole. Combine bread crumbs and melted butter and sprinkle on casserole. Bake at 325 degrees for about 25 minutes or until well-browned. Makes 6 servings.

TURKEY GUMBO

2 small onions, diced
2 T. fat
4 c. turkey broth
2 c. canned tomatoes
4 c. cooked okra
2 c. cooked turkey, chopped
2 T. chopped parsley
1/2 t. paprika
2 c. cooked rice

Cook onion in fat until it's tender-but not brown. Add broth, tomatoes, okra, turkey, parsley and paprika. Heat and simmer 10 minutes. Taste for seasoning. Add cooked rice. Heat and serve. Makes 4 to 6 servings.

CURRIED TURKEY

1 small onion, cut fine
1 tart apple, chopped
1/4 c. butter or margarine
1/4 c. flour
1-2 t. curry powder
3/4 t. salt
1/4 t. powdered ginger
1 c. turkey broth or canned consomme
1 c. milk
3 c. cooked turkey, cut up
1 T. lemon juice
3 c. cooked rice
4 slices orange or 1 c. Tokay grapes, seeded

Cook onion and apple in butter in heavy skillet until onion is transparent but not brown. Combine flour, curry powder, salt and ginger; sprinkle over onion and apple and blend. Stir in turkey broth and milk. Stir and heat slowly, taking care not to burn. Simmer 5 minutes. Add turkey and lemon juice. Season to taste. Cover and keep hot 5 minutes. Serve on hot rice garnished with orange slices or seeded grapes. Makes 4 services.

SLICED TURKEY CREOLE

1/2 c. finely chopped onion
2 T. diced green pepper
2/3 c. sliced celery
3 T. cooking oil
1 can (8 ox.) tomato sauce
4-6 slices buttered toast
1/2 c. water
1/2 t. celery salt
1/2 t. sugar
1/2 c. cooked peas (optional)
8 slices leftover turkey, hot

Saute onions, green pepper and celery in oil. Add tomato sauce, water, celery, salt, sugar and peas. Simmer 5 minutes. Serve over turkey slices on toast.

TELETIP: Answering A Need

A houseplant got a case of the "punies?" Pesky ants or roaches making life miserable? Want to know the best kind of wood to use in the fireplace?

If these questions and others like them have you puzzled, why not call Teletip at 1-800-662-7301?

A service of the North Carolina Agricultural Extension Service, Teletip is a series of 760 recorded messages on subjects ranging from home energy conservation to stain removal. All the caller has to do is dial the toll-free number, and when the operator answers, request the number of the tape he wants to hear.

The types of recorded messages change with the season, and right now, a new directory of recorded messages for the fall/winter season is available. Simply call the toll-free number and ask the operator for a copy, or call your local extension office and request one.

Response to this new information service has been so great, according to Jan Christensen, extension media specialist in charge of Teletip, that the number of recorded messages has been expanded from 385 in the spring to the present 760.

"And, we forsee expanding this program further in the future according to demand," she added.

Since Teletip began on April 1 of this year, over 88,000 callers have used the service. The largest number of calls in one day has exceeded 800, with the daily average for the service being 600 calls.

The new hours of operation for the fall/winter session of Teletip are 8:00 a.m. to 8:00 p.m., Monday through Friday and 9:00 a.m. to 4:00 p.m. on Saturday, and possibly may be increased during the spring/summer months.

"Teletip is enabling the Extension Service to reach far more people with timely and useful information with relatively minor increases in cost," said Ms. Christensen. "Also, we are now serving people that we have never before reached."

So, next time you have a household or gardening problem, the answer is only a toll-free number away. Dial Teletip. □

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Youth Forum

WHAT DO YOU THINK THE WORLD WILL BE LIKE BY THE YEAR 2000?

I think that the world will be in conflict, both economically and socially. There will be wars between people fighting for food to live and survive each and every day. While the conflict pressures the world into corruption, technology will go on secretly in hopes of saving all mankind.

Neal Kevin Byrd
Roaring River

Neal is a sophomore at East Wilkes High School and enjoys art, music and science. He and his parents, Mr. and Mrs. Douglas Byrd, are served by Surry-Yadkin EMC, Dobson.

I think that in the year 2000 there will be colonies living on the moon, living in giant domes. The food supply will be sent in airtight packages and will not be able to spoil. They will travel in space cars that run on water.

Shane Burnette
Wade

Shane is 13 years old and is a freshman at Armstrong Junior High. His hobbies are fishing, bowling and modeling. He and his grandmother are served by South River EMC, Dunn.

By the year 2000, I believe that the people of the world will come closer together. And, we will be living in a world based on our qualities not our color.

Debbie Dickens
Scotland Neck

Debbie is 15 and a shophomore at Scotland Neck High School. She enjoys reading, singing and playing basketball. She and her parents, Mr. and Mrs. Robert Lee Dickens, are served by Halifax EMC, Enfield.

In the year 2000, I think th world will have changed a grea deal. This includes people and th way they live. There should b greatly modernized ways of trave and communication that is muc more efficient than present day Computers will replace almost a forms of mental and physical work The people of the future will hav greater relaxation and more tim for recreation because of th mechanized world. There will b no famine or starvation in th world; everyone will b completely at ease and in comfor I believe the world will be quit different 20 years from now.

Deadre Hann
Spring Lak

Deadre is 15 years old and enjoy reading, playing basketball an softball, and writing poetry. She and her father, William Hanna, ar served by South River EMC, Dunn

NEXT QUESTION: DO YOU THINK NUCLEAR ENERGY INSTEAD OF SOLAR ENERGY WILL REPLACE GAS AND OIL FOR FUTURE ENERGY NEEDS?

If you have a good answer, send it to YOUTH FORUM *Carolina Country*, **P.O. Box 27603, Raleigh, NC 27611 immediately. Tell us a few facts about yourself — your age, school, hobbies, etc. Include your parents' name and the name of the electric membership corporation serving you. If your answer is published, we will send you $5. If you want to submit a question, send it along and for each one used, the sender will receive a $5 check.**

o Meet Future Energy Needs

U.S. Must Build Nuclear Plants *NOW*

Nuclear power did much to help the U.S. get through the storms and coal trike that crippled fossil fuel plants last winter, providing much of the electricity or hard-hit New England and the battered Midwest. Similarly, nuclear power ould save the country from the specter of industrial shutdowns and power lackouts as the oil runs out. Even conservative estimates are that the U.S. will eed 390 nukes to provide at least 27 percent of its electric power by 2000. The me to start building these plants is now. Otherwise, they will not be ready when ne nation really needs them.

—*Time*

o Lift Them From 'Mire Of Mediocrity'

Tax Rebate Money Should Go To Schools

Those who have watched Gov. Hunt closely and who admire his efficiency and etermination would be unwise, we think, to dismiss his call for a $100 million tax bate in 1979 as early electioneering. Electioneering it may very well be, but based n past experience we suspect the governor is already lining up votes to complish what he desires.

We think the governor ought to reconsider for a variety of reasons. Extra money the pocket would be nice, and certainly anyone with kids knows they can always e a couple pairs of new shoes. The catch is the kids in North Carolina need better nools a lot worse than they need a couple of pairs of shoes, and any money bated to the taxpayers next year will be money that ought to go to improve those nools.

The 1977 General Assembly, presumably with the governor's blessings, created o commissions to study the public schools. Both have reported to the governor; th recommended far reaching changes in the schools; both envision bold mmitments of money by the 1979 Assembly.

commentary

The Fulcher Commission has outlined an ambitious program designed to perly staff our schools, bring down the class sizes to manageable proportions d provide the specialists needed to treat the learning disabilities which are reasingly common in our pressure-packed modern society. It is conservatively imated that $500 million would be needed to implement the recommendations the Fulcher Commission.

he other commission, the Governor's Commission on Public School Finance, used on the fact that wealth in this state is unequally distributed. Some nmunities are wealthy and can buy almost any kind of schools they want. ners are poor and, despite supreme effort, cannot provide comprehensive riculum offerings for their children.

he Governor's Commission on Public School Finance has recommended a $60 lion enrichment program designed to put more money where the children are, give children a better chance no matter where they reside. Since the State nstitution promises an equal educational opportunity to all children, the nmission's report is, at its heart, a small step toward achieving that stitutional promise.

there is extra money in the state budget next year, that money ought to be ped into the schools within the guidelines which have been outlined by these study commissions. For too long North Carolina's public schools have suffered n the half-a-loaf approach and have been forced to measure progress in half s forward and quarter steps backward.

ov. Hunt has shown himself to be an imaginative leader. He undoubtedly has nd ought to have — future political ambitions. But in raising this rebate idea in of the most low tax states in the nation he gives encouragement to those who ose all government spending for whatever cause.

nd he crushes the morale of educators who had viewed his administration as one which would finally move North Carolina out of the mire of mediocrity.

—*Glenn Keever*
North Carolina Education

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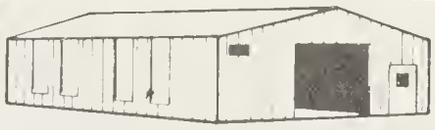

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What's Behind The Spiraling Cost Of Electric Power?

The spiraling cost of electric power plants, for one thing.

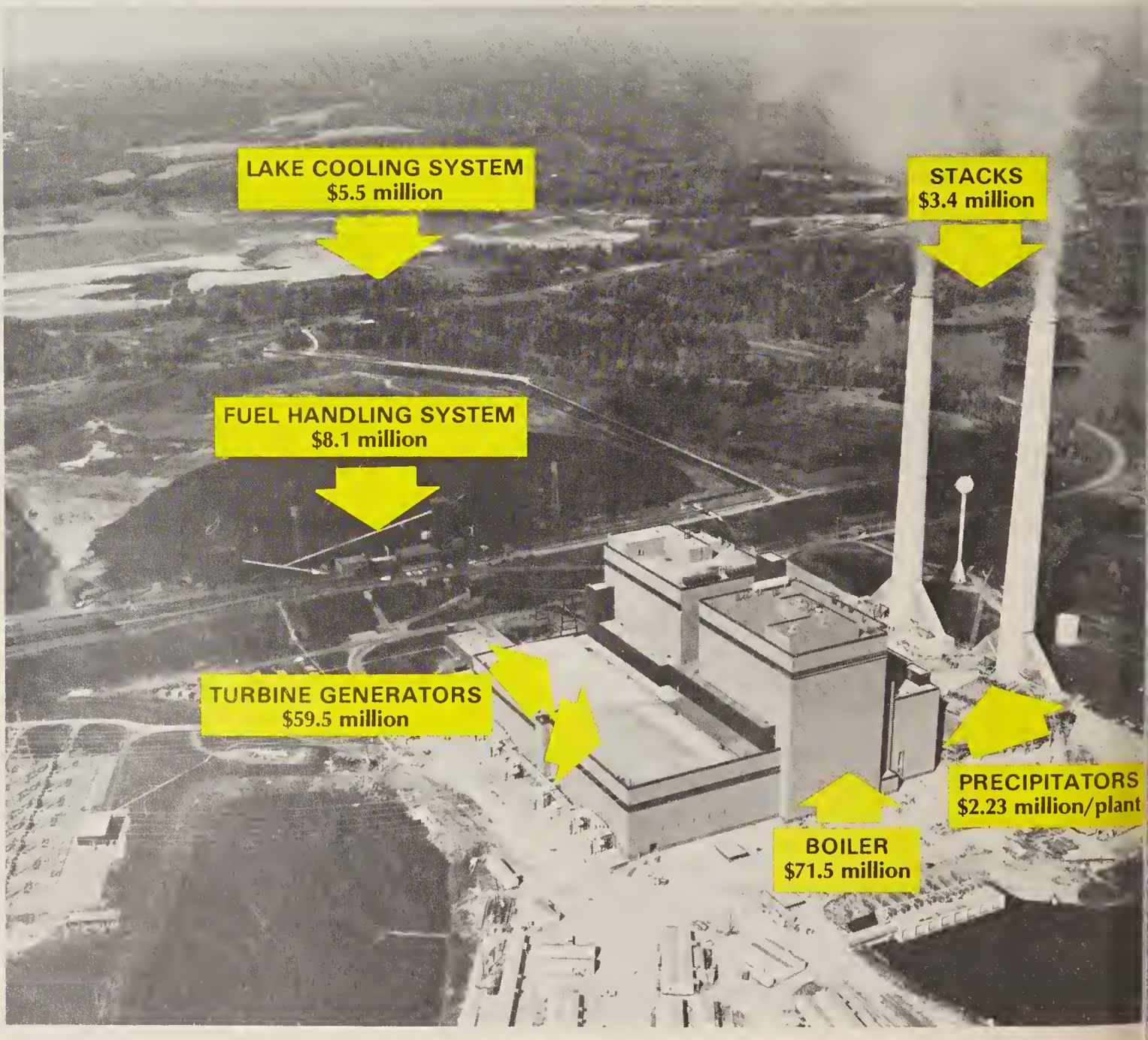
They're big, complicated operations and they take big money to build and to run. And inflation affects their price tags just as they do any others.

Duke Power Company's Belews Creek coal-fired steam generating plant, below, is a typical example of the power plants serving consumers across North Carolina, including member-owners of the 28 Electric Membership Corporations.

It's a two-unit, 2.1 million-KW plant situated in Stokes County, 12 miles Northeast of Winston-Salem. The first unit was completed in 1974 and the second a year later.

Total cost of the facility was $357 million. The various elements making up the plant are labeled with their costs.

Had the plant been completed in 1978, it would have cost about 50 percent more — or roughly $735 million, according to Duke officials.



A hunk of Richmond County is being eaten away for its granite, but behind the big machines there's grass growing.

Text and Photos by Frank Jeter Jr., public information officer for USDA-Soil Conservation in North Carolina.

SURPRISE: It's Grassy Around The Granite

The big hole in the earth is awesome, almost resembling a anmade Grand Canyon. Heavy achinery is at work deep within the t, taking massive bites of stone and rth. From time to time, there is the uffled blast of high explosive loosing ditional strata of rock.

The scene is at the big granite quarry Dickerson, Inc., in Richmond unty not far from Rockingham, the stern-most granite quarry in North rolina. Most are farther west, nearer e Appalachian mountains.

The "hole" is spectacular, so much that it's easy to miss another portant aspect of the scene: the 77- e quarry is entirely surrounded by a nservation plan aimed at vironmental quality.

n fact, according to Dickerson Vice sident David J. Gordan, the amiable gineer in charge of the project, nservation is a priority goal and been since we went into major avation back in 1974."

he conservation plans include a ier of protective boulders—taken n the pit and placed to keep orists and visitors from getting er to the deep pit than they should. next to the row of boulders is a matic planting of grass.

rassed areas are on every meter of the large excavated area. a section of low ground, an attractive debris basin has been installed to keep mine "tailings" out of streams that flow nearby.

The actual operating company is called Contractors and Materials, Inc. Although a subsidiary of Dickerson, a Monroe-based contractor, the quarry serves other firms—including some Dickerson competitors.

"Conservation is a priority goal and has been since we went into major excavation back in 1974."

—David J. Gordan
Vice President
Dickerson, Inc.

Bob Weathers, the civil engineer who serves as manager of the quarry, is proud of the plantings that have been installed. "When we began to plant a mixture of sericea lespedeza, fescue and rye grass for conservation, somebody said we were throwing money away."

He laughs as he recalls the comment. "And when we added lime and fertilizer to really get that grass growing, they just shook their heads."

He admits that planting on the edge of areas that are practically all rock has had its problems; persistence has been a prime requisite to revegetate areas that have been ravaged by heavy machinery. But Bob Weathers believes the company is winning the battle.

He has praise for the assistance of District Conservationist Charles L. Whitaker, who heads Soil Conservation Service operations in Richmond County. He said an SCS publication, *Guide for Sediment Control on Construction Sites in North Carolina*, was most useful to the company in planning the revegetation.

The SCS people have given continual guidance to the company on a conservation plan designed to keep streams free of sediment and other pollutants, to restore the "look of nature" wherever possible and to protect the wooded land surrounding the "big hole."

The plan seems to be working. While the "dig" far exceeds the planted area in sheer acreage, restoration and protection is being practiced wherever actual blasting and excavation is not taking place.

Land is smoothed, and topsoil restored where practical, before the mixture of protective grasses is applied.

Many areas around the quarry clearly show effective restoration work. It is not always possible to keep an area "natural." The next best thing is to restore a disturbed area to the most natural state possible. And that's just what's being done around this Richmond County quarry. □

Here's How To "Vote" On UNC-TV Programs

If you'd like to have a voice in the selection of programs for the University of North Carolina Television Network, mark your calendar for Jan. 10 to participate in a statewide programming poll sponsored by the network.

Here's how to express your views:

- Watch the previews of programs being proposed for the new season, which will be aired in a "Program Sampler" from 7 to 10 p.m.
- Complete a "ballot" indicating your preferences among the programs previewed. The form will be published in the January issue of *Carolina Country*.
- Mail the completed form to UNC-TV. The network's staff will make use of the survey results in selecting programs for the new schedule. □

For Work With The Aging

Five 4-H Clubs Cited In Contest

Five North Carolina 4-H Clubs have been named state winners in a Youth Looks at Aging contest.

The winning clubs were cited for members' outstanding involvement with their grandparents' generation, according to Isabelle Buckley, extension specialist in aging at N.C. State University.

The winners are Griffith Arcadia 4-H Club, Forsyth County; Arcadia Achievers 4-H Club, Davidson County; Newton's Crossroads 4-H Club, Sampson County; Stanford 4-H Club, Duplin County and Montford Hills 4-H Club, Buncombe County.

The winning clubs received engraved trophies from the American Association of Retired Persons, the contest's sponsor. The N.C. Agricultural Extension Service conducts the program, which is designed to promote better inter-generation understanding and communication improve youth sensitivity to th needs of others and encoura youth action on needs of the elders. □

Yanceyville's Jeff Rudd Takes Regional FFA Office

Jeff Rudd, 19, of Yanceyville, h been named Vice President of t Eastern Region of the Natio Organization of the Future Farmers America (FFA).

Rudd, the son of Mr. and M Eugene Rudd, is a member of t Bartlett Yancey FFA Chapter. Rud supervised agricultural experien program is concerned mainly w expending a herd of beef cattle wh he owns with his brother. They share the management and labor of th forty-cow herd of Angus, Herefo and Simmental.

He is a sophomore at N.C. St University, where he is majoring agricultural education. □

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This is to let you know how much I appreciate your publishing the article on me in your October 1978 issue of *Carolina Country*. Thank you too for the extra copies of your magazine. I will certainly enjoy having them.

R. A. Darr
Columbia, S.C.

I must say that you do maintain a set of very high standards in your operation. I enjoy receiving *Carolina Country* and if you check some of your past correspondence you know I read just about every word.

Although I might take exception now and again to the operation of our local co-op and to some of the things you put in the magazine, I must admit that on the whole both of you are doing a good job.

Particularly interesting was your "Election 78 — A Good Look . . ." Felt you might be just a little bit biased in one or two instances but on the whole it was a fine presentation. The writer certainly deserved a by-line unless it was some sort of a conglomerate effort.

Your selection of the subject and your manner of presentation in an all important election year is to be commended.

Albert S. Yaggi Jr.
Rt. 2, Raeford

A credit line on Page 15 noted that the election coverage was edited by Associate Editor Kemp Ward.

Congratulations on your excellent article about "The Spirit of North Carolina" campaign. You captured exactly the spirit of what we were trying to do, and you expressed it concisely. You can't do better.

Reprinting the lyrics will be a great help to many people.

Thanks for helping to spread the "spirit" around.

James A. Heavner
President, The Village Companies
Chapel Hill

I am not a subscriber of *Carolina Country* but after reading your editorial last October, I wish I can get a subscription, as well as thousands of others who need a "shot in the arm" regarding needs of children. My attention to your editorial was initially brought up by Calvin Parks, director of Christian Education of First Presbyterian Church of Raleigh, who also was a past chairman of our Board of Directors. Like the chosen few, he too advocates quality care and has been a driving force at our center. Now, with his involvement with the Presbyterian Urban Council (the same Council which sponsors the Halifax Court Child Care Center) his commitment to child care is influencing a larger group of people. Just last October 24, he spoke for the Urban Council before the Wake County Social Services Board to identify to that board the Urban Council's concern over the dwindling financial support given to certified day care programs.

On October 25, I was attending the Day Care Task Force meeting at Durham and reprints of the same editorial were passed around. It was the only enlightened coverage of the waiver. We at the Task Force Committee all presumed that you were responsible for that editorial and if you were not, I still would like to commend you for your editorial choice.

Thank you so much for supporting the cause of the young child, most specifically the young child of the underprivileged and the deprived. Providing them a thoroughly stimulating and enriched program with effectively trained and committed teachers on higher adult-child ratio will give a large section of young children the chance to survive the early trauma of entering public school. Many children who come to this child care center start off with very low self-images; building up self-esteem and positive images of the young child is a major initial concern, if one is truly cognizant of the developmental needs of the child. Adjustment and learning new skills become more difficult and complicated among those same children. I have felt and seen the real needs of these children for the past five years. I am not speaking from theory but from experience and encounter.

I reiterate my sincere commendations.

Hazel R. Snyder
Director
Halifax Court Child Care and
Family Services Center
Raleigh

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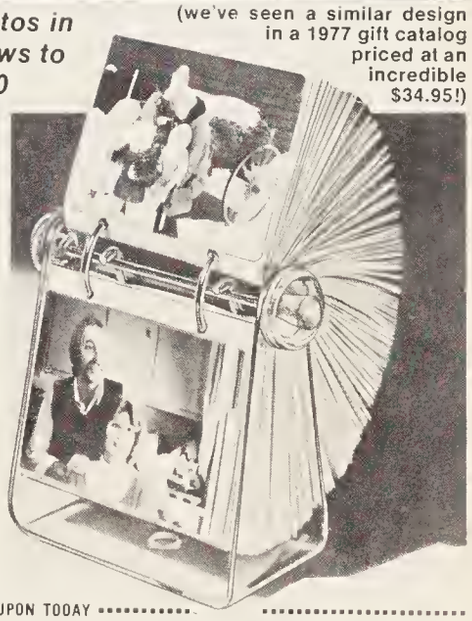

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Cheer!

Undoubtedly he was the world's grouchiest man in the morning.

One morning, when asked what he would like for breakfast, the grouch requested one fried egg and one scrambled egg.

The wife, eager to please, prepared both and served them.

When he saw his breakfast plate, he looked up and without blinking said to her, "You scrambled the wrong egg."

★ ★ ★

When his daddy kept bringing office work home night after night, the first-grader asked him why.

Daddy carefully explained that he had so much to do he couldn't finish it all during the day.

"Well, then," asked the lad, "Why don't they put you in a slower group?"

★ ★ ★

A failing businessman was bailed out of his financial woes by his wife surprising him with $1,000. "Where on earth did you get the money?" he asked.

"Well," replied the wife with quiet satisfaction, "Since we've been married, everytime you kissed me, I put a dollar in the jar."

"Gee," said the grateful husband, "Now I wish I'd given you more business."

★ ★ ★

"I've been racking my brain, but I can't place you," one man said to another at a gathering. "And you look like somebody I have seen a lot — somebody I don't like, but I can't tell you why. Isn't that strange?"

"Nothing strange about it," the other man said, "You have seen me a lot, and I know why you resent me. For two years, I passed the collection plate in your church."

Lane
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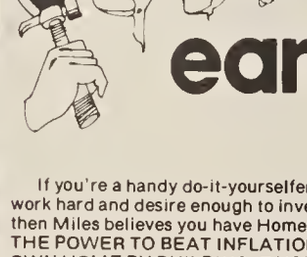

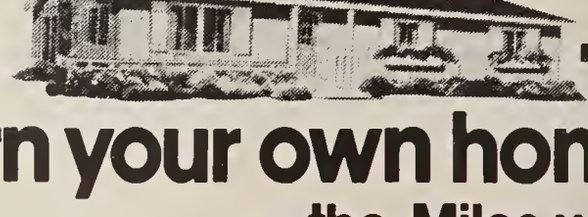

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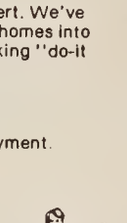

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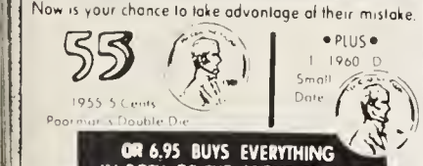

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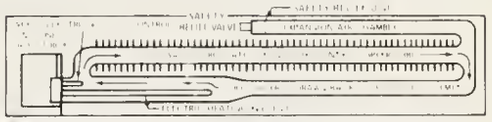

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NC-12

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